# Eagle Tales

## Message from Mrs. Faley

In recognition of Governing Board Appreciation Month, I'd like to thank Ginny Cosbey, Harry Dotson, Anthony Fennell, Megan Thomas, and Nancy Webster for their service as Governing Board Members. While these are elected positions, members serve as volunteers and are not compensated for their time. Yet, as a group, they bear a tremendous amount of responsibility for the education of our students and, as I'm sure you know, many of the issues they face are controversial.

Ginny Cosbey is our longest serving Board member, with eight years of service. In January of 2019, she was elected as the Governing Board President and continued to serve as president for the next five years. Under her leadership, the Governing Board supported the district through COVID-19, including the State mandated school closure, shift to distance learning, re-opening the school for face-to-face instruction and approval of mitigation plans. There have also been significant upgrades in technology for the school and improved internet access for the community. In addition, under Ginny Cosbey's leadership, the Governing Board has consistently prioritized student learning, which has resulted in an increase in student achievement.

At the January Governing Board Meeting, Mrs. Cosbey, nominated Harry Dotson to succeed her as Governing Board President, which received the unanimous support of the Governing Board. The shift in Governing Board leadership, became effective during the meeting. I'm sure many of you know, Mr. Dotson as a Governing Board Member or through his work in the community. I look forward to working with him as the District moves forward.

One of the most important decisions the Governing Board makes is selecting the Superintendent/Principal. Knowing that I would be retiring at the end of the 2023-24 school year, Mrs. Cosbey advocated for beginning the search process early. At a special meeting in January, the Governing Board approved a contract with Mr. Daniel Erickson. Mr. Erickson is currently serving as the Superintendent/Principal of Bowie Unified School District. Although Mr. Erickson will officially start on July 1, he will be visiting the school and community periodically throughout the remainder of the year to ensure a smooth transition.

Please join me in thanking members of our Governing Board for their hard work and dedication. Also, please join me in welcoming Mr. Erickson to Sonoita Elementary School District!

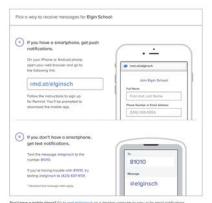
### In this Issue:

- **❖** Board Talk
- Classroom Spotlight
- Student Spotlights
- Missoula Children's Theatre
- ❖ Nurse's Corner
- Upcoming Events



### Sign up for important updates from Elgin School.

Get information for Elgin School right on your phone—not on handouts.





### 3<sup>rd</sup> Grade

## By Mrs. Kerry Newberry

To begin the school year 3rd grade began memorizing their multiplication facts and relating that to division. We discovered different strategies on how to solve these equations, such as repeated addition or subtraction. This upcoming quarter 3rd grade will learn to define and categorize two-dimensional shapes. They will also learn how to look at a pizza and discover fractions, and then apply that to a clock and practice elapsed time.



English language arts started with learning how to respect each other and use your words. We know why "Judy is Moody" and why "Scaredy Squirrel" is afraid of everything; helping us understand how to recognize other people's feelings and thoughts. We also took a look at the US constitution, and discovered why we celebrate the 4th of July, and how the Statue of Liberty turned green.

Third grade studied how to make a difference in their community and we put that into practice by starting a garden with 2nd grade. We discovered the life cycle of a plant and what it needs to survive. As all scientists know, not every experiment will go according to plan, and our little garden was enjoyed by the neighborhood critters. That just means we get to try again in the spring!

Third grade is the best year for social studies because we get to learn all about our awesome state. For the county fair we created replicas of the first people of Arizona and showed off how much we know about them and their use of the land around them. Coming up this quarter we will take a virtual road trip of our state and visit all the amazing cities, parks, and backroad adventures Arizona has to offer.









# Elgin School Spelling Bee

By Mrs. Alicyn Morrell-Schnurr





It is official! We have completed the 2023 - 2024 Elgin Elementary School Spelling Bee. We are so extremely proud of all the dedicated and hardworking competitors in third through eighth grades: Noah McKearney-3rd Grade, Miranda Cass-4th Grade, Jet Thomas-5th Grade, Noah George-6th Grade, Clayton Campbell-7th Grade, and Mina Sanchez-8th Grade. Each and every one of these students delivered nothing but excellence. Totaling thirteen rounds and battling over the word "oddity," we are excited to announce that our **overall Elgin School Bee Winner and County Bee representative is Miranda Cass in Fourth Grade**. We are also very pleased to announce that **Mina Sanchez is our Middle School Winner in Eighth Grade!** Both of these ladies rocked it through the very end and we couldn't be prouder! We wish the best of luck to Miranda at the Arizona County and Regional Spelling Bee in Nogales, Arizona! GO EAGLES!!

### **Robotics Team**

### By Mrs. Annette Koweek & Ms. Kyndra Ortiz

On December 2<sup>nd</sup>, the Elgin Eagles Robotics Team competed at a regional qualifier tournament in Tucson and tied for 5th place - out of 17 teams - in the robot game portion of the event! We were so excited! The international First Lego League (FLL) Robotics competition requires that students learn how to solve engineering problems as a team, and is an excellent activity for students to develop perseverance, creative problem solving, and coding skills. We look forward to next year's challenge already!



2023-24 Team: Josiah Kramer, Kennedy Norell, Valerie Hintsala, Carson Kahla, and Clayton Campbell











Hayden Baker 2<sup>nd</sup> Grade



Lincoln Beal 5th Grade



Roxy Pavolka 8th Grade

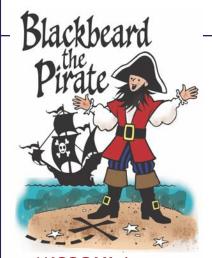
# Eagle Eye - Student of the Week

Recognizing elementary students who practice good character and citizenship











# CHILDREN'S THEATRE

A PRODUCTION OF MCT, INC.















# Elgen Eagle Athlether





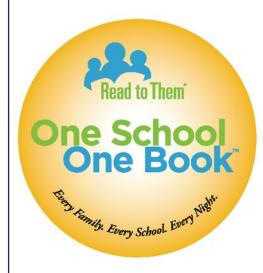
#### Nurse's Tips for December

Southern Arizona's winter weather has been fairly mild, so far. It is, however, still cold. Here are some tips in staying well this winter:

- Dress in layers. Keeping the chest area warm can help ward off illnesses. Wear a short or long-sleeved shirt, but add the layers of a vest/sweat shirt, and a jacket. Providing a light jacket that has a tight weave on the outside will help provide protection from the wind.
- Mark your child's clothing with at least their last name. Come into the gym and check the "lost and found" bin for anything left behind. Sometimes it is hard to remember where you left your jacket, especially if it is warm at 3pm when leaving school.
- Avoid exercising in the early morning or late at night when it is colder. Cold air entering your lungs can cause problems such as bronchitis, and can worsen coughs. Try breathing in through your nose, and out through your mouth. This allows the air to be warmed and filtered before reaching your lungs.
- Wash your water bottles daily, or at least weekly with hot soapy water and rinse with mild vinegar water. This will help eliminate bacteria. Refresh it daily with water, and ask how many times it has been refilled during the day. They may not be drinking enough fluids at school. It is easy to forget to drink when it is colder. A general rule is to drink ½ oz. to 1 oz. of water per lb. of body weight daily. Keeping hydrated helps support the immune system in fighting winter-time illnesses.
- Send healthy snacks, especially those with Vitamin C in them. Vitamin C helps with the immune system. It cannot be stored in your body, so it needs to be provided daily. Examples of healthy snacks with Vitamin C are:
  - o Citrus of any type such as slices of orange, lime, lemon, or grapefruit
  - o Fruit slices of Kiwi, mango, cantaloupe, or watermelon
  - Greek yogurt with strawberries or raspberries
  - o Broccoli, cauliflower, tomatoes, snow peas, sliced red or green bell peppers with dipping sauce
- Air out your home and vehicle. Fresh air is needed, especially with cold and flu viruses prevalent during the winter months. We tend to get concerned with losing heat from the house and car and forget to let fresh air in daily. You don't have to widely open the door to your house, but cracking a window in a bedroom daily for an hour can help.
- Wash hands frequently, cover coughs with an elbow, and stay home if you are sick. If your child needs Tylenol, Ibuprofen, or Pepto Bismol to feel well enough to go to school, have them stay home to rest and hydrate instead. This gives their immune system a chance to fight off an illness, and also helps prevent spreading them at school.
- Stay up-to-date on your vaccinations for Flu and Covid, if you chose. It is not too late.
  - Arizona's flu season generally begins in October, and ends as late as May (<a href="https://ein.az.gov/flu-prevention">https://ein.az.gov/flu-prevention</a>
  - The flu shot lasts for about six months <a href="https://www.mibluesperspectives.com/stories/flu-season/how-long-does-the-flu-shot-last">https://www.mibluesperspectives.com/stories/flu-season/how-long-does-the-flu-shot-last</a>
  - Free home covid testing kits can be requested at https://faq.usps.com/s/article/At-Home-COVID-19-Test-Kits

Call or come in if you have any questions or need help with anything. Also, feel free to come in and share anything that you have experienced which can help others in our school in staying safe and healthy.

Kathe Prentice Elgin School Nurse



Elgin School is excited to announce the title for our annual One School One Book event:

## Nuts to You by Lynne Rae Perkins

Students, families, and Elgin staff will be reading the same book at the same time. At school, we will have a trivia contest to encourage reading and special activities that will culminate with a Nuts to You STEAM Night on February 8th.

For younger students, listening to a book beyond their reading level helps build comprehension, vocabulary, and critical thinking skills. Older students also benefit from learning new vocabulary and skills like the use of figurative language.

Every student and staff member receives a copy of the book that is theirs to keep. Please see the reading schedule included in this letter. Reading together is a fun activity that also prepares our students to be effective readers. Together, we are building a community of readers!



#### Childfind Screenings

If you have concerns about your child's development from ages 3 to 21 years of age in these areas:

VISION/HEARING \* SPEECH/LANGUAGE \* THINKING SKILLS PHYSICAL DEVELOPMENT \* BEHAVIOR \* NORMAL DEVELOPMENT

Your school's CHILDFIND can help – with a free screening, and if needed, referral for diagnostic evaluation and/or early intervention programs (birth to three). If you have any concerns about your child's development, certain benefits are available through your local school district.

Screenings are available **by appointment**. To schedule your appointment or for more information please contact:

Christine Clouse– Student Services

455-5514 cclouse@elgink12.com

# NATIONAL WEAR RED DAY

HELP RAISE AWARENESS FOR HEART DISEASE



### Elgin School PTC Spirit Wear



Hat - \$20.00 Beanie - \$15.00 Ear Warmer - \$15.00

Payment via:

Venmo

Cash

Check payable to Elgin School PTC





5th & 8th Grades Science
April 2nd-4th

3rd-8th Grades Writing & Reading
April 9th-11th



3rd-8th Math

April 16th & 17th

3rd Grade Oral Proficieny

April 18th



### Cafeteria Connection

Connecting you to your child's school lunchroom



#### FRUITS & VEGGIES:

# Eat a Rainbow!

We all know that eating fruits and vegetables keeps our bodies healthy. Each color plays a role in promoting good health, so it's important to eat a variety every day!

As child nutrition professionals, we are firm believers that when it comes to fruits and vegetables, students should eat a rainbow of colors! In fact, that's why our menus incorporate a wide-variety of fruits and vegetables in different forms: fresh, frozen, canned, and dried.

We're committed to serve vegetables from five "sub-groups" weekly - red/orange, dark green, starchy, beans & peas, and other, which includes veggies like cucumbers, green beans, and cauliflower. This helps guarantee your child eats a variety of different body-benefiting nutrients to support growth and learning, while boosting their immune system to keep them from getting sick.

# Are you looking to eat more fruits and veggies at home? TRY THESE EASY WAYS TO EAT A RAINBOW EVERY DAY!

- Buy time-saving produce like pre-washed salad greens and baby carrots to eliminate extra prep work.
- Add sliced cucumbers, tomato slices, and lettuce to a sandwich for more flavor and crunch.
- Keep fruits and vegetables visible! Store in clear storage containers in the fridge and place a bowl of fruit on your kitchen counter for easy grab and go snacking.
- Carrots, celery sticks, sweet peppers, and grape tomatoes make great snacks. Dip these in hummus for an extra serving of veggies!
- Stock up on dried fruit or canned fruits in juice for a handy snack that needs no refrigeration.

- 6 Prepare main dishes that are easy to stretch with additional veggies. Think stir-fry, pizza, soups, omelets, or fajitas.
- Out up apples and pears into slices and peel oranges into segments. They're often easier for your child to eat than whole fruit.

